

Energize Your Life with  
**CO-ENZYME**



**La Renon**

The Makers of...

Migraine,

**QUOGRESS FORTE**

Coenzyme Q10 300 mg Capsules

# EASE YOUR MIGRAINE WITH COQ10

## Prevalence:

Migraine shows a prevalence of **11.6% in the world.**

## Clinical Evidences:

- A deficiency of CoQ10 is associated with the pathogenesis of migraine, the American Academy of Neurology guidelines recommended a supplementation with CoQ10 in migraine prevention.<sup>1</sup>
- In a double-blinded, randomized, placebo-controlled study of 42 adult migraine patients, the 50% responder rate for attack frequency was 47.6% for CoQ10 compared with 14.4% for placebo.<sup>2</sup>
- A significant improvement was found in frequency ( $p = 0.018$ ), severity ( $p = 0.001$ ) and duration ( $p = 0.012$ ) of migraine attacks in CoQ10 group compared to placebo.<sup>3</sup>
- Prophylactic effect of the CoQ10 supplementation on migraine attacks which resulted in less severe, shorter, and less frequent headaches.<sup>3</sup>
- It is ideal for migraine prevention, especially for patients with comorbidities.<sup>4</sup>

References: 1. *Nutrients* 2021, 13, 1697 |

2. *Headache*, 2007, Jan;47(1):73-80. |

3. *Nutr Neurosci*, 2019 Sep;22(9):607-615. |

4. *Acta Neurol Belg* DOI 10.1007/s13760-016-0697-z

# QUOGRESS FORTE

Coenzyme Q10 300 mg Capsules

## Disclaimer:

- CoQ10, also called ubiquinone, is a fat-soluble, vitamin-like molecule found naturally in every cellular membrane within our bodies and a normal part of our diet, though endogenously synthesized.
- As people age, the capacity of the body to produce CoQ10 declines, particularly which leads to the increased risk of developing the neurological disorders.

## Mode of Action:

CoQ10 may prevent migraines by supporting mitochondrial function and acting as an antioxidant. Mitochondrial dysfunction is linked to migraines, and inflammation during migraines may deplete CoQ10 by producing free radicals, suggesting a dual role in migraine prevention.

## Dosage:

One capsule a day for at least 4 weeks or as suggested by your healthcare professional.

## Presentation:

It is available as strip of 15 capsules.

WANT TO MAKE A

# GREATER IMPACT?

**La Renon**

**La Renon Healthcare Private Limited**

207-208 Iscon Elegance, Circle P, Prahlad Nagar Cross Roads,  
S.G. Highway, Ahmedabad-380015, Gujarat, India.

Phone: + 91-79-6616-8998, 2693-6656 | Fax: +91-79-6616-8998

E-mail: [info@larenon.com](mailto:info@larenon.com) | Web: [www.larenon.com](http://www.larenon.com)



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