

Energize Your Life with
CO-ENZYME



La Renon

The Makers of...

Depression & BPD,

QUOGRESS FORTE

Coenzyme Q10 300 mg Capsules

THE POWER OF COQ10 IN DEPRESSION & BPD

Prevalence:

- At a global level, over 300 million people are estimated to suffer from depression, equivalent to 4.4% of the world's population.

Clinical Evidences:

- CoQ10 supplementation improves depression and fatigue in multiple sclerosis patients.¹
- The antioxidant and anti-inflammation activity may be considered as one of the main factors responsible for the anti-fatigue and antidepressant effects of CoQ10.¹
- Lower CoQ10 plays a role in the pathophysiology of depression and in particular in Treatment Resistant Depression and CFS (Chronic Fatigue Syndrome) accompanying depression.²
- The antidepressant effect of COQ10 is observed by enhancing mitochondrial energy and antioxidant properties which helps in older adults with bipolar depression as an adjunctive therapy.³
- CoQ10 supplement daily for 8 weeks can reduce depression and fatigue, as well as improve the quality of life of patients with depression.⁴

References: 1.Sanoobar et al. Does coenzyme Q10 improve fatigue and depression?

1. *Neuro Endocrinol Lett.* 2009;30(4):462-9. |

3. *J Clin Psychopharmacol.* 2015 June ; 35(3): 338-340 |

4. *J Clin Psychopharmacol.* 2024 May-Jun;44(3):232-239.

QUOGRESS FORTE

Coenzyme Q10 300 mg Capsules

Disclaimer:

- CoQ10, also called ubiquinone, is a fat-soluble, vitamin-like molecule found naturally in every cellular membrane within our bodies and a normal part of our diet, though endogenously synthesized.
- As people age, the capacity of the body to produce CoQ10 declines, particularly which leads to the increased risk of developing the neurological disorders.

Mode of Action:

In Depression and BPD, It exerts its antioxidant effect by directly neutralizing free radicals or reducing tocopherol and preventing the inhibition of mitochondrial activity because of oxidative stress.

Dosage:

One capsule a day for at least 4 weeks or as suggested by your healthcare professional.

Presentation:

It is available as strip of 15 capsules.

WANT TO MAKE A

GREATER IMPACT?

La Renon

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