

# SUMASELF

**Nasal Spray** 

Sumatriptan Nasal Spray 20mg/0.1 ml (30 Metered Dose)





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# Background

- Migraine is one of the most common neurologic disorders, with a high prevalence and morbidity, especially among young
  adults and females 1.
- Migraine affects more than one billion individuals each year across the world.
- According to the Global Burden of Disease (GBD) 2019 study, the estimated global prevalence of migraine increased from 721.9 million in 1990 to 1.1 billion in 2019.

# Description

Sumaself Nasal Spray contains 30 metered doses of sumatriptan 20 mg/0.1 ml.

#### Indication

- Acute treatment of migraine with or without aura in adults.
- Acute treatment of cluster headache in adults.

#### Mechanism of Action

- Sumatriptan is in a class of medications called selective serotonin receptor agonists.
- It works by narrowing blood vessels in the head, stopping pain signals from being sent to the brain, and blocking the
  release of certain natural substances that cause pain, nausea, and other symptoms of migraine.

# Dosage and Administration

- The recommended dose is a single dose of 20 mg of sumatriptan nasal spray.
- A second dose should only be considered after 2 hours if some response to the first dose is observed.
- Maximum dose in a 24-hour period: 40 mg.

# **Key Points**

- Efficacy: Sumatriptan nasal spray 20 mg is effective and well tolerated in the acute treatment of cluster headache attacks 2.
- Convenience: Easy-to-use nasal spray for self-administration anywhere.
- Portable: Compact and convenient for on-the-go relief.
- Precise Dosage: Metered spray for accurate dosage control.

# Storage

Store between 2°C and 30°C.

Scan for more Prescribing Information



References:

Front Neurol. 2022 Feb 23:12:800605. | 2. Neurology. 2003 Feb 25:60(4):630-3.